









Thank You!

Acres for Hamiota Board Members presented the 55+ Centre with the donation of an AED machine. It has been installed in the hallway by the 55+ Centre door. The Centre is open daily from 7:30am -8:30 pm.

Pictured L-R : Daryl Knight, Travis Brooks & Laura Couling

Hamiota Leader is funded by the Hamiota Economic Development Corporation. All submissions may be sent to leader@hamiota.com before the 20th of the month. Copies are distributed to local businesses at the start of each month. The Leader is also available at www.hamiota.com.

AFFORDABLE 55+ SENIOR HOUSING SUITES **AVAILABLE TO RENT**

HAMIOTA PARK RESIDENCE - 166 LILAC STUDIO, ONE BEDROOM AND ONE BEDROOM **LARGE SUITES**

FOR FURTHER INFORMATION OR TO VIEW CONTACT - 204 764 -2175

Winter Landfill Hours

Monday 9-12

Tuesday CLOSED

Wednesday - Friday 9-5

Saturday 10-6

Sunday CLOSED





Snacks will be provided!

Municipal office,

75 Maple Avenue

6:30PM Time:











EMERGENCY DEPARTMENT SERVICES FEBRUARY 2024

HAMIOTA & AREA RESIDENTS Hamiota Health Centre

Emergency Department Services will be **OPEN**:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		FE	BRUARY 2024	4		
				1 MDNT-7pm	2 8am-MDNT	3 MDNT-MDNT
4 MDNT-MDNT	5 MDNT-7am	6	7	8 8am-7pm	9 8am-MDNT	10 MDNT-MDNT
11 MDNT-MDNT	12 MDNT-7am	13	14	15 8am-7pm	16	17
18	19	20	21	22	23	24
25	26	27	28 8am-7pm	29 8am-7pm	MDNT = Midnight	

Individuals requiring emergency department services are encouraged to call the **Hamiota Health Centre at 204-764-2412** to determine the nearest open emergency department.

For any EMERGENT situations - call 911.

Shared Health Emergency Medical Services (ambulance) will continue to provide emergency response for the community of Hamiota and surrounding areas. All residents making 911 calls are transported to the most appropriate open emergency department if required.

Individuals requiring health advice are encouraged to call Health Links/Info Santé at 1-888-315-9257.

Health Links / Info Santé provides 24 hour, 7 days a week, telephone information service by Registered Nurses with the knowledge to provide answers over the phone and guide you to the care you need.

Please visit the PMH website at <u>www.prairiemountainhealth.ca</u> (Emergency Department Schedules) for most current Emergency Department Services or SCAN THIS QR CODE.



What's Happening Around Town? February 2024

55+ Centre Midwest Arts Cornerstone Library **Municipal Office** Winter Acrylic Class 7:00-9:00 Walk at the Rink 9:30am Spill the Tea 3:30pm Family Day—Bring your clan! Music 2:00pm Chair Exercises 9:00am Grief Support Group 7:00pm Cards 1:30pm Annual Meeting 7:00pm Cycling 9:00am Pool 1:30pm **Foot Clinic** Winter Acrylic Class 7:00-9:00 Walk at the Rink 9:30am Spill the Tea 3:30pm Date Night 7:00pm Chair Exercises 9:00am 13 Bingo 1:30pm Cards 1:30pm Valentine Tea 2:00-4:00pm Cycling 9:00am Pool 1:30pm Winter Acrylic Class 7:00-9:00 Spill the Tea 3:30pm Buddy Program 9:30am 17 18 19 Chair Exercises 9:00am 20 21 Cards 1:30pm Pool 1:30pm **Foot Clinic** Cycling 9:00am Winter Acrylic Class 7:00-9:00 23 Walk at the Rink 9:30am Spill the Tea 3:30pm 24 25 26 Chair Exercises 9:00am Bingo 1:30pm Tax Seminar 3:30 & 7:00pm Cards 1:30pm Hearing Clinic 9am-2pm Pool 1:30pm Welcoming Workshop 6:30pm Cycling 9:00am

The Hamiota Garden Club gratefully accepted donations by generous current and former residents of Hamiota by lighting a bulb on the "Tree of Lights" in memory of a loved one. This year donations were received in memory of the following: Dwaine Mathison, Doug Mathison, Jim Mathison, Marie Konowalchuk, Steve Konowalchuk, George Robertson, Annie Robertson, Charlie Johnson, Gladys Johnson, Don Johnson, Dale Johnson, John Mathison, Ruby Mathison, Margaret Caldwell, Lorne Caldwell, Ross Poole, Newton Smith, Betty Smith, Bill Rothnie, Georgia Rothnie, Donald Rothnie, Heather Rothnie, Marion Hunter, Harold Hunter, Nora Knight, Charlie Knight, Brad Cosgrove, Ben Other, Arnold Murray, Ralph Sheane, Juann DeBin, Ted DeBin, Yvonne Saxson, Juliette Saxson, Dr. Ed Hudson, Dorothy Milne, Keith Bridge, Adrienne Angus, Nettie Brandt, Shirley Dale, Jack Lawn, Harry Skinner, Ruth Skinner, Sid Lawn, Mabel Lawn, Russ Skayman, Jim Scott, Bruce Frazer, Elma Brandt, Kay Caldwell, Eleanor McConnell, Don McConnell, Dave McConnell, Ken Mathison and Doris Mathison. Not only is there a lit bulb on the Tree of Lights, the kind donations help provide flowers for the hanging baskets and planters

2024 Membership fees for the Hamiota 55+ Centre are now due.

- *Annual memberships are \$75
- *Lifetime memberships are \$1,000 per person or \$1,500 for two people from the same household.

Please contact Gwenda Skayman at 204-365-7853 or any other board member to issue receipts.



February is "I love to Read" Month

At The

Hamiota Centennial Library

If you are a resident of Hamiota Municipality

MEMBERSHIP is FREE



Follow us on Facebook



HAMIOTA 55+ CENTRE AND R STORE ANNUAL GENERAL MEETING FEBRUARY 7, 2024 AT 7:00 P.M HAMIOTA 55+ CENTRE ALL MEMBERS WELCOME

MUSIC

Heritage Arts Centre Sunday, Feb. 4th at 2 p.m.

Cyril & Janice Maxwell Mary Ritchie Willie Gilbert Vic Porteous

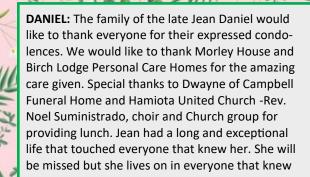
Donation at the door



- Prescribing for minor ailments
- Online prescription refills
- · Large variety of puzzles, games & toys
- Changing selection of giftware & fashion

L's easy to make the switch

MCNEILL HARASYMCHUK MCCONNELL



Hamiota Thrift Shop would like to thank the many people who donated their gently used clothing and miscellaneous articles to the shop in 2023. A special thanks to the volunteers for the hours that they help. Some may only do a few hours a month and some do many. Each volunteer is special and we appreciate the time they give to the shop.

LO OCHO

Each fall we donate our money (keeping enough for operating expenses). We pay taxes, insurance and general maintenance of our building. Large projects, like the carpet replacement, were financed over two years. This year we gave donations to: The Hamiota Fire Department, Hamiota Christmas Cheer, Hamiota District Health Centre Foundation, Brandon General Hospital Foundation, Hamiota United Church and STARS Air Ambulance. Our mandate is to support education, health related, mission or church. If there is a need we would be glad to donate. In the past we have supported Ukraine Relief, and local families in crisis. In 2022 we helped Lilac Residence Council furnish their family room.

We send excess clothing to Brandon Super Thrift and books to the Rotary Club Book Sale. When needs arise we support the Pregnancy Resource Centre, Samaritan House Ministries, Brandon Bear Clan and CFS.

We accept clean and sellable donations on Tuesday and Friday. Thank you for your continued support of the Hamiota Thrift Shop and our efforts to reduce, reuse, and recycle. Our goal is to keep as much as possible from being sent to the landfill.

Managers- Rosalie Beamish, Evie Strachan, Kathy Therrien..

fusion

DAVID HENDERSON'S HEATING & PLUMBING (1997)



BOX 51 HAMIOTA, MB ROM 0TO

H (204) 764-2961

C (204) 365-0906





Learn more at:



ASSINIBOINE WEST WATERSHED DISTRICT



Apply Now For Our 2024 Shelterbelt Program



PROGRAM DETAILS

- **∅** UP TO 75% OF PROJECT COST FUNDED ON APPROVED SHELTERBELTS
- ANNUAL PAYMENTS OF \$200 PER ACRE (OR MIN \$100 PER PROJECT FOR A 5 YEAR TERM)
- PLANTING & MULCHING

SHELTERBELT BENEFITS

- PROTECT LIVESTOCK FROM COLD STRESS
- SAVE ON HEATING & COOLING COSTS
- TRAP SNOW AND CONSERVE SOIL MOISTURE
- PROTECT SOIL FROM WIND EROSION

APPLICATION FORMS ARE AVAILABLE AT OUR OFFICES OR ON OUR WEBSITE

WWW.MYAWWD.CA

DEADLINE FOR APPLICATIONS IS APRIL 1, 2024.

FOR MORE INFORMATION CONTACT US AT:

INGLIS 204-564-2388 MINIOTA

OAK RIVER



Manitoba 🥽





TREE LIST

(Stock based on nursery availability)

SHRUBS

Common Lilac Little Leaf Lilac Lilac Villosa Redosier Dogwood Cotoneaster

Sea Buckthorn Caragana Honeysuckle Black Currant Golden Currant

Saskatoon (Juneberry) Silver Buffaloberry Prickly Rose Chokecherry Sumac Red Elder

DECIDUOUS

Hybrid Poplar Prairie Sky Poplar Assiniboine Poplar Northwest Poplar Balsam Poplar Lombardy Poplar Ohio Buckeye Manitoba Maple (Boxelder)

Amur Maple Native Cottonwood Silver Cottonwood Hackberry Acute Willow Golden Willow Laurel Willow Pussy Willow

Russian Olive Siberian Elm American Elm Quaking Aspen Bur Oak Hazelnut White Birch Green Alder Butternut

CONIFEROUS

Colorado Blue Spruce

Scotch Pine Siberian Larch Meyer Spruce

Norway Spruce

Tamaraks Jack Pines Lodgepole Pine

Eastern White Pine

Red Pine White Spruce (Black Hills) Eastern Red Cedar Swiss Stone Pine

White Fir

Rocky Mountain Juniper

Douglas Fir



WINTER **ACRYLIC CLASSES**

4 WEEKS

Wednesdays - January 31, February 7, 14, & 21 1:00-3:00pm

or

Thursdays- February 1, 8, 15, & 22 7:00-9:00pm

Instructor: Joan Trott Cost: \$45 all materials included

.A series of four fun step by step projects to explore painting special lighting situations using acrylic techniques: Morning Sunrise by the Sea, Fireflies, Twilight Campfire, Stormy Night. Geared toward beginning painters, no experience necessary, all materials supplied, so come out and give it a try!

> To register: 204-764-2400 or midwestartscentre@gmail.com



Community Volunteer Income Tax Program (CVITP)

Need a hand with your taxes? See if you qualify for this FREE program





Can I get my income tax done through this FREE program?

Yes... if you are one of the following listed below:



- One person with income under \$35,000
- Two persons with income under \$45,000
- ➤ Three persons with income under \$47,500 plus add \$2,500 for each additional dependent



When should this program <u>NOT</u> be used?

When there is income from:

A business | farming | rental property | capital gains or if someone is bankrupt or deceased.



When and where can I drop off my information? **HAMIOTA Health Centre**

177 Birch Ave E. | Hamiota, MB | Mon to Fri: 8:30am to 4:30pm Drop Off: March 6 to October 30



What do I bring?

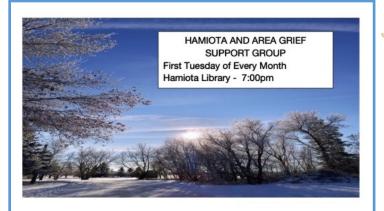
T3, T4, T4a, T5, T5007 forms

Receipts for: daycare expenses, charitable donations, rent, tuition, medical expenses (not paid by insurance company.)

If you can not reach/access the site(s) please contact 204-578-4800 or email BTurner2@pmh-mb.ca to discuss other options.

by Canada Revenue Agency (CRA), Coordinated by Prairie Mountain Healt and ran by CRA trained community volunteers.





GUEST SPEAKERS

March 4th – 1:30 pm Michelle Fredbjornson

April 2nd - 7:00pm Kari Gregory "Breathwork Workshop"

May 7th - to be announced



A moment for families with Pastor Orland

"Love your enemies and pray for those who persecute you." Matthew 5:44 (GNT)

Bullying can happen not only in school but in almost anywhere people gather. Jesus calls us to a very radical way of dealing with bullies and people who have hurt us. We are to respond as He would. We must be willing to forgive. Jesus forgave people on the cross of those who tortured him and said, "Father, forgive them, for they do not know what they are doing." Whoever has hurt you most in life is more than likely the one you are holding a grudge against. Holding grudges hurts! As a follower of Jesus, we are to forgive because God has forgiven us, and He expects us to do the same. Forgiving others prevents our pain from turning into resentment and bitterness. And don't just stop at forgiveness, Jesus commands us to pray for them as well. The above verse teaches this. What a radical way to counter the bullying when it happens. In His Word, God teaches us that we must learn to respond to evil with good, and bless those who have hurt us, as well as pray for their good. Responding like this and thinking like this, is the healthiest, happiest, and most healing way to live. What a joy it is to live in this kind of freedom. Move beyond the hurt and make your part of the world a little friendlier. Don't get stuck in past regrets and hurts. Trust Jesus today and you will move forward in life secure in your salvation and with a living hope for the future.

Till next month, Pastor Orland

Sunday Worship Service- 11 AM Each Sunday. Adult Bible Study at 10 AM-10:40 AM. We will be using the study guide: Revealing the Mysteries of Heaven.

Men's Bible Study – Wednesday mornings @ 8:30 am

Prayer Meeting – Wednesday evenings @ 7:30 pm

Women's Ministry- Saturday, February 17, 10 AM. Meet at the church.

Jr. Youth every Wednesday, right after school.

Sr. Youth every Thursday, right after school.

Parents, please note that we serve a hot nutritious snack in all our afterschool ministries as many of the kids come hungry from school.

Coming Up in February! Date Night! Saturday, February 10, 7 PM. Live music by the Acoustreams, Dessert, games, and prizes. Free babysitting and more! Limited to 24 couples so register early by February 8 at hamiota.cornerstone@gmail.com

Please check our website for more information. Join us for church. We would love to have you!





Employment Opportunities





Hamiota Community Foundation Grant Applications are now available at the Municipal office and online at www.hamiota.com. Deadline for applications is 4:30 p.m.

February 29, 2024.

NEW Applicants are requested to have a representative attend HCF Meeting on March 12, 2024 @ 7:00 PM, to provide a short presentation (5 Minutes) on the Grant

Application submitted, allowing the HCF Committee the opportunity to ask questions about their selected project(s). Each applicant will be contacted by a committee member to schedule an appropriate presentation time.

Donations can be made to the Hamiota Community Foundation.

*Cash or cheque(s) accepted in person at: 75 Maple Ave. E., or by mail to: P.O. Box 100, Hamiota MB. ROM 0TO or by E-transfer to hamiotafoution@hamiota.com. The Hamiota Municipal Park is accepting applications for seasonal positions.

Part time and full time opportunities available

Please send your resume and cover letter to recreation@hamiota.com

