

April
2023



Community Futures Westman



A business event held at the Heritage Arts Centre and hosted by Community Futures Westman (CFW) proved to be successful last Thursday April 13th. Darrell Goertzen of Ventures Connect spoke about preparing to sell your business. Community Futures Westman spoke to the crowd about what they offer to business owners and entrepreneurs within rural communities. There were 25 people in attendance. The Hamiota Hotel catered a delicious supper. Overall it was an informative evening and a relationship building event, now, most businesses would feel comfortable reaching out to the team from CFW for guidance and assistance. As we have seen first hand, Wendy Petersen, CFW Community Development Analyst, helped guide the 55+ Centre and R Store to a successful start.

Midwest School of Dance

Another fabulous recital in the books for the Midwest School of Dance. Their annual recital was held Sunday, April 16th at 1:00 PM. Dancers performed different genres of dance and the audience was captivated by their talent!

Graduating Dancers

Back Row L-R

Cydney Boryskavich – Hamiota

Brianna Manulak – Oakburn

Front Row L-R

Trinity Lints – Hamiota

Heidi Clark – Isabella

Congratulations and thank you for sharing your love of dancing to the community for the last 12+ years.



HAMIOTA 4-H FUN CLUB REPORT

We had club speeches on February 12th at HCI. I would like to thank our Judges for Judging our speeches and our leaders for organizing. All the members did awesome. The members who won in their category are

CLOVERBUD - 1st Jolene Mathison
2nd Reegan Bell

JUNIOR - 1st Libby Strachan

INTERMEDIATE - 1st Josh Mathison
2nd Maddi Currah
3rd Bryce McDuff

SENIOR - 1st Calli Wilson Davey

Zone speeches were held on March 1st at HCI. Three members from are club attended zones. Also, they did very well and can move on to Areas. The members that attended were Maddi, Josh, and Jolene. Areas will be at HCI on March 24th. At areas we also will have a pie and cake silent auction. Good luck to those who made it to Areas!

By Jolene Mathison



National Volunteer Week

During National Volunteer Week, April 16-22, 2023, we celebrate our volunteers!

The National Volunteer Week theme for 2023 is Volunteering Weaves Us Together. This reveals the importance of volunteering to the strength and vibrancy of our communities through the interconnected actions we take to support one another. These diverse forms of sharing our time, talent and energy strengthen the fabric of our community.

Volunteer Canada www.volunteer.ca

A moment for families with Pastor Orland

Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit.” Romans 8:5 (NLT)

Good mental and spiritual health is a result of thinking about things that please God. So much worry and fretting about things we can't control leads to misery. You have power over your thoughts! Any time your thoughts are taking you in the wrong direction take a different direction. As a follower of Jesus, the Holy Spirit will help you think about things that are good, right, and true!

One of the enemies of our minds is the world value system which is constantly promoted by advertising, movies, the Internet, music, and celebrity culture. The Bible says, “For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world” (1 John 2:16 NIV). Everything in the world is trying to get you to go the wrong way. Nothing encourages you to be disciplined; nothing encourages you to be unselfish. You can fight and win this mental battle! The Bible says: “*The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ*” (2 Corinthians 10:3-5 NIV). “Take captive” means to bring your thoughts under control. Don't just let your thoughts go anywhere they want to go. Instead, bring them into submission to the truth of God's Word.

Knowing God's Word keeps our thoughts from leading us into misery!

Till Next month, Pastor Orland

Coming Events at Cornerstone Family Worship Centre:

Junior Youth-(grades 6-8) s Wednesday after school.

Senior Youth Bible Project- Monday right after school. Grades 9-12.

Parents, please note that a healthy and hearty snack is provided during our afterschool programs.

Women's Ministry- Saturday, April 15- Meet at the church at 10 AM- Noon.

Men's Bible Study- Every Wednesday at 8:30 AM

Please check our website for more information.

Join us for church. We would love to have you!



AROUND TOWN

Date & Time	What	Where
April 28th at 12 noon	Hamiota Chamber of Commerce Lunch	Hamiota Hotel
May 1, 2, & 3	Hamiota Municipal Office Closed	Municipal Office
May 9 & 16	Hamiota tree, roots, & waste pickup	Garbage collection days
May 13 All Day	Hamiota Town Wide Yard Sale Register \$10 at	All around town
May 29– June 2	Rural Week –Medical Student (s) visiting the	Hamiota & District Health Centre



Hamiota Chamber presents the annual
Town Wide Yard Sale.

May 13 ~Register your sale @ Rawlings Home
Hardware for \$10. A map will be made soon so get yours registered today!

HAMIOTA TOWN WIDE YARD SALE **HAMIOTA R STORE** **SATURDAY, MAY 13TH, 2023**

Do you have stuff that you would like to sell at the town wide yard sale but don't live in town? Why not rent a table from the 55+ Centre. We have our location registered on the town map. 6' long tables are available to rent for \$10 each and they will be setup outside in front of the R Store, if weather is bad, the tables will be moved into the Centre so you won't have to worry about cancelling. Tables are limited so please call Gwenda @ 204-365-7853 to book yours today!

UNSOLD YARD SALE ITEMS WANTED

The Hamiota R Store will have a trailer parked outside the R Store on the day of the Town Wide Yard Sale so we are ready to accept your unsold yard sale items if you are not wanting to cart it all back in the house. We do not accept clothing or other textiles. Just drop your items off that day by 4. Thanking you in advance for your support!

Multi-family yard sale **@ 111 Oak Ave. Hamiota** **G. Skayman's**

-We will be adding items to the tables throughout the week. Something for everyone, from ages newborn to seniors.

Please note we are holding it over two weekends:

Friday May 5: 4 – 8 pm &
Saturday May 6: 9 am – 3 pm

Friday, May 12: 3-7 pm &
Saturday, May 13: 9 am – 3 pm

*Please bring your own
shopping bags!
Hope to see you there!*



We are in our third year as Acres for Hamiota (AFH) and our committee is busy planning plant 2023. We have rented land from Neil Mathison for the last three years. Thanks Neil!

AFH is pleased to welcome Haily Johns, a grade 10 student, as a new board member. Haily will provide a valuable contribution to AFH's

activities in 2023. Following the great success of Ag in the Classroom last year, AFH's education coordinator Laura Cowling is preparing again for this year's program.

In an effort to get new project ideas, idea cards were available at the Appreciation Evening last December, and invited people to contribute ideas. Lots of interesting ideas came from the cards. The miniature golf idea emerged from this concept. Yes, you heard that right, a miniature golf course will be coming to Hamiota Municipal Park next year. Another new project that we are excited about is the purchase of speed signs for both the north and south entrances into town. Our committee has been working on projects that will have a positive impact on a wide range of people, such as recreation, health, and safety initiatives. In an effort to thank the public for their overwhelming support, we intend to explain where the funds have been spent thus far.

To date AFH has assisted

Hamiota Fire Department -**\$15,000.00**. \$10,000 to assist with the purchase of a 3/4-ton truck used for various tasks including to pull the Stars Ambulance fuel trailer and \$5000.00 to assist with lights, radios and decals.

Hamiota & District Sports Complex—**\$8,000.00** for stainless steel counter tops in the kitchen.

Mid-West Arts Council -**\$2,500.00** for improvements to the studio room upstairs at the Heritage Arts Centre.

Hamiota Aquatic Center—**\$9,500.00** to purchase a boiler for heating the pool.

AED Program—**\$1500.00** -AED for Hamiota Fire Department

Plus **\$3500.00** of matched money for AEDs in the municipality at Redfern Farm Services, Knight Seeds, Hamiota Feedlot, Murray Seeds, Chappell Ag, Ventures and one is ordered for the 55+ Centre.

Hamiota Community Centre -**\$3,691.33** to purchase 15 round tables.

Speed Display Signs -**\$8,763.00** for the north and south entrances of town.

Hamiota Minor Ball -**\$2,200.00** -Diamond 1 homerun fence.

55+ Senior Centre - **\$7,000.00** Game Room

Project coming Miniature Golf Course - Cost uncertain

Total : \$61,654.33

Once again, this season we are looking for acre sponsors to help with the cost of putting in a crop. You can sponsor 1 acre for \$100. If you would like a receipt, then please make your cheque out to Hamiota Municipality and at the bottom of your cheque on the memo line write Acres for Hamiota.

Thanks for your continued support.

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Hamiota/ Oak River Senior Service

I hope everyone had a wonderful Easter! So nice to see some nice weather these days.

I would like to remind everyone that the office has an abundance of medical equipment for lending out. Please reach out if you are in need. We have walkers, bath chairs, canes, crutches, wheelchairs etc.

There was a Foot clinic at Lilac April 4 and she is back to the 55+ Centre on April 20th. Let me know if you would like to be on the list to be called.

The Buddy Program at Lilac with Mrs. Dixon has been going strong. We have another on April 19th. Other activity at Lilac has been The Jammers. Elaine Rawlings played for an afternoon at both Lilac and Park. It's wonderful to have these volunteers and everyone enjoys the entertainment they provide. Senior Council will be hosting a pancake lunch on April 24th at Lilac.

The 55+Centre has been offering Senior Exercises, Bingo, Cards, and Pool. Come and check out the new exercycles that have just arrived. We also have a gigantic Scrabble game that has been popular if you'd like to come in and play sometime.

Seniors Council will be holding a bake sale on May 13 as part of the town wide sale. We will be located in front of the 55+ Centre and R Store. If anyone would like to donate some baking that would be much appreciated.

Senior Council offers support to all seniors in the area with Lifeline, ERIK kits, lending equipment, information and referrals, handivan coupons, health and wellness programs, recreational activities, foot care, and intergenerational programs.

Nancy Strachan
204 764-2658
44 Maple Ave
hamiotaseniorsinc@gmail.com

Hamiota Minor Ball players have started practicing in the sports complex and look forward to warmer temperatures ahead to get outside. In baseball, Hamiota plans to host Regionals on June 23-25 for the 11U-15U age groups and baseball provincials from July 7-9 for age 11U. The softball teams are gearing up for a competitive season in the Southwest League. Each team plans to attend provincials.

Hamiota Minor Ball would like to say thank you to the **Hamiota Community Foundation** for grant funds to go towards uniforms. You will see the softball players sporting new jerseys this year. Thanks so much!

Hamiota Minor Ball would also like to thank **Acres for Hamiota** for the grant to fund a homerun fence on diamond 1 (diamond south of rink). This addition will make the diamond safer and have the look of completion.

New executive members are Jason McTavish—President, Andy Drake -Vice President, Tannis Dressell—Secretary and returning Treasurer— Lyanna Lawn and Canteen Representative-Shauna McTavish.

DAVID HENDERSON'S
HEATING & PLUMBING (1997)



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NOTICE

HAMIOTA MUNIICIPAL Office will be closed May 1–3 so that staff may attend MMAA Annual Conference.

We apologize for any inconvenience this may cause.



ASSINIBOINE WEST WATERSHED DISTRICT
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Committee Members Needed

We are looking for volunteers to sit on a planning committee for the 2023 Show n' Shine Car Show in July. If you are interested please contact

midwestartscentre@gmail.com or call 204-764-2400



Bridal shower for Chelsea Lawn on Saturday, May 13 at 2:00 p.m - 4:00 p.m.

Chumah Hall, Hamiota United Church.

No Wrap. Come and go.

Registered at Hamiota Home Hardware.



PMH CAREER EXPO

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BRANDON

Tuesday, May 9

12:30 pm to 7 pm

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THANK YOU - to all volunteers, participants, and spectators who have helped make the past years' Show and Shine such a success for the Mid-West Arts Council. Due to family and other commitments this year, we are stepping down as organizers, but it has been such a fun event for the community we are hoping that there will be others interested in taking it on. Please let Allison know at the Mid-West Arts Council office (204-764-2400) if you are interested. Thank you to everyone for all the past years' support -- it's been great fun!

Sincerely, Gwenda Skayman, Kelvin Tiller, Rob and Joan Trott

Hamiota Economic Development is looking for individuals interested in joining the committee. We are looking for individuals that have ideas to enhance Hamiota to be an even more desirable place to live and work. Let Nancy Smith know if you are interested. Phone or text 204-764-0240, email hedc@hamiota.com or stop in at the Hamiota Municipal Office at 75 Maple Avenue.

What's Happening at the Arts Centre?

To register for classes or other inquiries call the Mid-West Arts Council at 204-764-2400 or email midwestartscentre@gmail.com. All participants must pre-pay for classes to reserve their spot.

Urban/Rural Sketching & Painting – 4 weeks

Learn how to capture images of your daily life through art. Get acquainted with the practice of sketching and watercolour painting from life on location.

The first session will be held at the art centre covering the basics. Other sessions will be held offsite at nearby locations that the group will draw inspiration from.

Instructor: Kerri Wilson Date: Thursdays May 11, 18, 25, & June 1 2:00-4:00 PM

Cost: \$70 all materials included – Deadline to Register is May 1st.

Mug Making Workshop

Make your own hand built pottery mug. Step by step instruction and all supplies, patterns and a variety of texture options will be included. This workshop takes place over 2 dates to allow for clay drying and firing before the glazing step.

Instructor: Jacqui Beckett Date: Class 1 – May 8th and Class 2 - June 6th.

Register for a Morning Session (9:30-12:00) or Afternoon Session (1:00-3:00)

Cost: \$45 all materials included – Deadline to register is May 1st.

All-ages Flower Pot Painting

Drop in and get creative by painting a terracotta flower pot just in time for Mothers Day. Create your own design or we will help you with ideas!

May 13th - 12:30-2:00PM

Cost: \$5 all materials included.

Exhibition

Stop by and check out the beautiful works of Carol Forsyth. This exhibition features western themes and landscapes in both watercolour and acrylic. Exhibition up until April 21st.

Hamiota Middle Years Students will be showing their artwork in our gallery from April 24th to 28th. A reception for the artists will be held on Wednesday, April 26th at 5:00.

Concerts at the Arts Centre

Sunday - April 23, 2:00 PM Featuring Mary Ritchie, Willie Gilbert, Cyril & Janice Maxwell, & Vic Portious.

Donation at the door. Everyone Welcome!

Want to be added to our email list? Send a message to midwestartscentre@gmail.com to let us know and we will keep you up to date on coming events.



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From Ag Office to Business Centre

The office once known to many as the **MASC Office, Government Office, Ag Office, MAFRI Office, Crop Insurance Office** and probably more is now looking for a new name and then signage to follow. Before you decide what name to choose you should find out who is currently in the building.

Offices are currently used for office work, esthetics, massage therapy, and tanning (soon to come).

We welcomed Cattlex as the first renter in fall of 2022. Next, we welcomed JoAnn Drul from Country Bliss Esthetics and Jaucinda Van Schepdael who offers massage therapy in the office next to JoAnn. They both began in December of 2022. JoAnn is also currently preparing a second office across the hall for a tanning bed. There are more offices for rent therefore pass the word on to family and friends as we would like to have more tenants. A hair stylist is one service we are actively seeking. We believe that the building is accessible and would be ideal for this occupation and could fit well with what is already taking place.

Reach out to me with your idea for the perfect name for this building and the winner will receive a prize!!

Nancy Smith
Hamiota Economic Development
hedc@hamiota.com 204-764-3050 ext.107



Children's Business Fair coming to Hamiota this SUMMER

Youth are the Future

[Children's Business Fair: The largest entrepreneurship event for kids in North America.
\(childrensbusinessfair.org\)](http://childrensbusinessfair.org)

Friendly Reminders from Yellowhead RCMP

With the snowmobiling season is coming to an end, the Yellowhead RCMP wants to remind residents once again that snowmobiling on private lands (including farms) without the permission of the owner/operator is prohibited.

Section 32(1) of The Off-road Vehicle Act prohibits the use of off-road vehicles (including snowmobiles) from operating on privately owned land without consent and carries a fine of \$237.00.

Before going for a rip, take a look at the maps of the snowmobile trails and always be mindful of signs indicating private property while riding. See you on the trails and have fun!

While you may be fawn'd of the deer, remember not to feed them. Feeding deer attracts predators, increases vehicle collisions, and can even lead to health effects for the deer due to winter changes in their digestive system. While they are cute and fun to see, they are still wild animals and should be treated as such. Buck the trend and don't feed the deer!

The Yellowhead RCMP wishes you a healthy and safe remainder of the season!

Hamiota 55+ Centre - 7:30am - 8:30pm

Mondays	9:00 am- Walk Exercises 1:30 pm- Bingo
Tuesdays	Coffee all day
Wednesdays	1:30 pm- Cards
Thursdays	9:00 am- Exercycles 1:30 pm- Pool
Friday	9:00 am- Stretch/Relax class

May/June on Thursdays- Intergenerational Tech Days
(details to come)

Come in for coffee, cards, board games, shuffleboard, pool, exercycles, tv, and socializing. Memberships are available all year long. Call 204 764-2658 for more information.