

November
2020

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RBC's presence in Hamiota dates back to 1898 as Union Bank of Canada, with Royal Bank taking over operations of the branch on Maple Avenue in September 1925 following the acquisition of Union Bank. In 1977 the branch officially re-opened at a new location at Fourth Street South East, where RBC still operates today.

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- Jennifer Slobodesky, Branch Manager
- Sara Oakley, Client Adviser
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- Dylan Hoppe, Financial Planner
- Wyatt Rapsky, Business Account Manager
- Kathy Drul, Mortgage Representative

Regardless of how you prefer to connect, we're here to help, including by phone, video chat or in-person at the branch. Contact us at 204 764-6267 or check [rbc.com/covid-19/](https://www.rbc.com/covid-19/) for options.

With a long history of community engagement and involvement, RBC employees are passionate and active with volunteering and have supported numerous local groups and organizations including: Hamiota Hospital, Hamiota Community Centre, Hamiota Sports Complex, Hamiota Schools and various organizations in the community.

And to help young people who are navigating their foray into the world of work in these ambiguous times, RBC Future Launch at Home is a virtual resource hub featuring a variety of online tools, resources, and programs immediately available to Canadian youth from coast to coast, and completely accessible virtually. From coding lessons, to networking opportunities, to skills challenges, this resource hub includes workshops, online learning modules and virtual support services across a wide range of topics and age groups. RBC and their partners continue to help Canadian youth nurture their well-being and improve their creative, career and life skills, all from the safety of home at [rbc.com/futurelaunchathome](https://www.rbc.com/futurelaunchathome)
RBC Hamiota remains committed to keeping you informed and working closely with clients and in the community to help provide the advice and support you need.



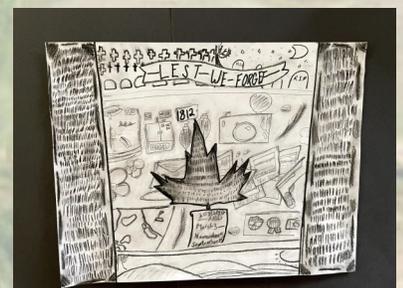
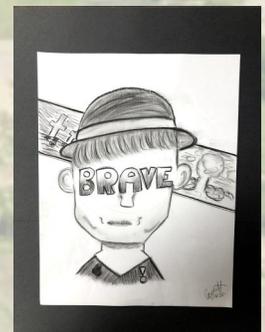
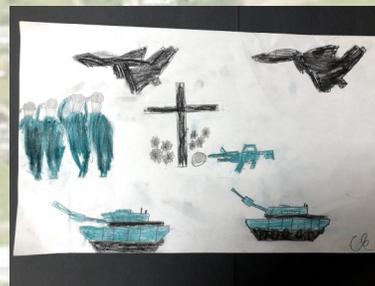
Royal Bank of Canada in 1928. This building currently serves as the Heritage Arts Centre.

Lest We Forget

Grade 6 Remembrance Day Art

These art pieces were completed and sent to the Kenton Legion for the local Remembrance Day poster competition. The black and white posters were completed using pencil and charcoal.

See more on page 6.



VOLUNTEERS CELEBRATE A MILESTONE



There is an old adage that suggests “time flies when you’re having fun!” Betty Gregory and Vicki and Ken Smith would be in complete agreement with that suggestion. It seems impossible to realize that it is 40 years that the three of them have been working together to preserve the history of the Hamiota District. For Betty, Vicki, and Ken the motto of Hamiota & District Archives: “Saving The Past For The Future”: is a direct reflection of the work that the three working friends carry out at the Archives. The key words on the letter head of Hamiota & District Archives are Discovering, Preserving, and Sharing. Those actions have been carried out since 1981.

It was in 1981 that a group within the Hamiota District met to consider writing a local history for Hamiota. There had been two previous books. The first was a pamphlet style book printed in 1948. The second, a more extensive work, was printed and distributed in 1956. In 1981 a much larger project was undertaken. The work of the Hamiota Centennial History Book Committee carried on for three years and offered in

1984 Hamiota: Grains of the Century 1884 – 1984. Betty, Vicki and Ken had significant roles in the preparation of the new history and simply continued through the next ten years to continue to update material for the main topics of the first volume. Their continuing interest, along with the renewed interest of many others led to the production in 1996 of Hamiota: Grains of the Century 1984 – 1996.

It was out of the interest shared by a number of individuals that Hamiota & District Archives emerged. For several years there was the continuation of the Hamiota Centennial History Committee, then out of it grew Hamiota & District Archives. Eventually it was decided that the work of accumulating material on an ongoing basis could be handled by one group, the Archives. Betty, Vicki, and Ken were involved in all the changes that took place.

For the three Archives volunteers: Betty, Vicki, and Ken, Monday morning is their specific time at the Archives, located as it is on the second floor of the Heritage Arts Centre. Each of them has specific areas of responsibility, in addition to the general areas of collecting. Betty has put together information for each of World War I and II veterans, as well as Korean conflict Veterans and those who have served in the Regular Forces. She was able to serve as a valuable resource for the Honour Wall promoted by the Lions at the Memorial Grounds. Saving articles relevant to the Hamiota District is an important ongoing task for all three volunteers. Betty faithfully clips out all relevant obituaries and all three make sure certain relevant articles for all aspects of community life are not lost. Vicki has worked diligently in compiling numerous binders of print material and pictures for Education in Hamiota and District, for the Churches of Hamiota, and for Sports activities. Articles are also collected for Businesses, Agriculture, Organizations, and the Health Care, just to name a few. Ken has also continued with an attempt to acquire photographs or scans of all the farm sites in Hamiota Municipality. It seems that annually some of these farm sites are disappearing.

In addition to current materials, the Archives has an amazing collection of items from early in the history of the Municipality. Although there are some gaps, there are Elector’s Lists starting in 1884. There are also Assessment Rolls and Tax Rolls from that same starting date. There are many early photographs for rural scenes and for buildings and activities for the Village of Hamiota. Minute books for a variety of early organizations share the story of a very active community. And the key word here is “sharing”. There is no point in having all this material without letting it support the projects that individuals and groups have. Here are some of the kinds of things that Vicki, Ken, and Betty have put considerable time into. Hamiota Municipality has a large number of Centennial Farms. In applying for this recognition, there must be evidence to support the continued presence of the family to the land. Hamiota & District Archives has completed the research and provided the supporting material for quite a number of these applications. The Archives has also been able to provide considerable support to large community events, such as the Town’s Centennial Celebration in 2007 and the Rural Municipality’s 125th Celebration in 2009. The Archives has also been pleased to sponsor a number of major displays in the gallery of the Heritage Arts Centre. One of these displays was during the 2007 Celebration when dozens of photographs reflected the life of the Town through 100 years. Remembrance Day always deserves recognition, and the Archives has presented a major display examining Hamiota’s role in the World Wars. While the Archive’s volunteers would like even more participation from the local schools, there have been times when students came, asked questions, answered questions, and got a sense of what wartime was like for their own community. One of the classes in the Elementary School asked for a presentation on early buildings and businesses in Hamiota. The questions that the young people had were quite amazing. Another part of the work for Betty, Vicki, and Ken surrounds the inquiries that come into the Archives from across Canada and from other countries as well. Each of these inquiries requires researching the material in the Archives to see if an answer can be found. Many of these questions relate to family members; to when they lived in the Hamiota District; where they lived as to land description by Section and Township, or by Lot number if it’s a location in Town. Some of the questions asked can be very personal and so the three volunteers are very conscious of privacy issues. The Archives has provided responses to inquiries from England, Scotland, the Netherlands, the United States, and Australia. Some of these inquiries are dealt with by e-mail or by the mail itself. But the Archives also receives visitors from a variety of locations, some nationally and some internationally. Some visitors come to donate articles and some to have questions answered. By the nature of an Archive, people who want to visit need to come with a specific project for which they need assistance. It is not like a museum where one can drop in to see the items on display. In addition to sharing information, the Archive volunteers have toured people on numerous occasions to specific sites in the Municipality that are relevant to their search! The idea of being able to offer assistance to individuals who have very earnest requests is one of the things that makes the volunteer work so satisfying. Each situation provides a challenge, a mystery to be solved, and the satisfaction of success. For Betty, Vicki, and Ken, this ongoing work at the Archives is what has allowed the years from 1981 to 2020 to fly by!

Employment Opportunity

Hamiota Municipality is accepting applications for a Recreation Director. This management position reports directly to the Chief Administrative Officer.

The Recreation Director is responsible for planning, implementing, and managing a broad range of community recreation services and facilities, encouraging maximum community involvement and coordination with other community organizations.

The ideal candidate has a post-secondary education in recreation with a minimum of three years experience in a local government environment. This experience shall include personnel management, recreation facility management and program planning. Excellent leadership skills and an ability to effectively communicate with the public, council and staff are necessary. The use of a vehicle for business purposes is required.

Hamiota is an innovative community with excellent educational, medical, professional, recreational, and commercial services. Salary range is \$42,210 – \$48,936 plus full benefits and pension package.

Qualified candidates are invited to submit resumes by November 27, 2020 stating experience, education, related work references, and all other pertinent data to:

cao@hamiota.com or Hamiota Municipality, Box 100, Hamiota, Manitoba, ROM 0T0

More information about Hamiota and detailed information about this exciting opportunity can be found at hamiota.com.

We thank all applicants for their interest; however, only those candidates being considered for an interview will be contacted.

Congratulations



Congratulations!

Pastor Joel Usick

on graduating with a Bachelor of Arts in Pastoral Leadership from Horizon College and Seminary, Saskatoon.

Love, Mom & Dad and Family

Thank You

"Thank you for all the cards, gifts and well wishes upon my retirement.

It was an honour to be trusted by Manitobans for 35 years with their medical care-and to arrive in Hamiota 24 years ago as the first female doctor in the community. Stay safe and keep caring for each other.

Thank you

Karen Juce"

Hamiota Municipal Office—Code Red

The office is closed but staffed. Please contact by phone or email and use the drop box outside. Stay safe and stay home as much as possible. 204-764-3050 or info@hamiota.com

Hamiota Donor's Choice

The Hamiota Donor's Choice 2020 donations to the charities involved are as follows:

ALS SOCIETY	1265.00
ALZHEIMER SOCIETY	2395.00
ARTHRITIS SOCIETY	1172.00
BIBLE SOCIETY	362.00
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CAMPASSIONATE FRIENDS	334.00
CROHNS & COLITIS	675.00
HAMIOTA COMMUNITY FOUND.	2634.50
HAMIOTA HOSPITAL FOUND.	2829.50
HEART & STROKE	2425.00
MB KIDNEY FOUND.	748.00
MB LUNG	1059.00
MS SOCIETY	1094.00
PARKINSONS SOCIETY	1025.00
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What's Happening at the Arts Centre?

COVID-19 Update

To help prevent the spread of COVID-19, the Heritage Arts Centre will close temporarily to the public, effective Thursday, November 12, 2020 until further notice. The health and safety of our visitors and volunteers remains our top priority.

The closure includes upcoming events and rentals. The Mid-West Arts Council will continue to monitor the situation closely. For the most current information, and an artistic diversion, please visit our website and social media regularly.

Should you have any questions, please email us at midwestartscentre@gmail.com. We will make every effort to respond to inquiries in a timely fashion. We appreciate your understanding and patience.

Thank you for your support and we look forward to welcoming you back to the Heritage Arts Centre soon.

November Exhibition

This joint exhibition features the work of two members of the Mid-West Arts Club. With the Art Centre's temporary closure this exhibit will be available for viewing on our website at www.midwestartscouncil.com.

Many of these pieces are available for purchase.

Carol Forsyth- Carol's work features the beauty of trees and splendour of the prairie landscape. Working in acrylics and watercolours, Carol's images connect to nature and the beauty of the world around us.

Marilyn Paterson- Marilyn's work demonstrates her passion and talent for a variety of art forms including felting, painting, tapestry, and more.

Colour and textures highlight the talented works from this artist.

Christmas Dainty Sale Cancelled

Due to Manitoba's rising numbers right now, we regret that we will not be having our fund-raiser Christmas Dainty Sale this year. Thanks for all your wonderful support of the Dainty Sale in the past and we're hopeful we'll find a creative alternative for you this year!

Want to be added to our email list?

Send a message to midwestartscentre@gmail.com to let us know and we will keep you up to date on coming events.



Donations may be left in the box outside the Municipal Office in an envelope, mailed to Hamiota Municipality, Box 100, Hamiota, MB R0M 0T0 or send an e-transfer to acao@hamiota.com - password is Hamiota.

Please remember to include your loved one's name and the donor's name. Official Receipts will be issued for donations of \$20.00 or more.

The Garden Clubs thanks you for your donation. Donations will go towards beautification of the community.

Christmas Cheer Board

The **Christmas Cheer Board** is preparing for the upcoming season. If you would like to receive a Christmas hamper please call a committee member. We will be delivering between December 14-18'th. The deadline for referrals is December 4'th.

This year will look a little different. We will not be entering anyone's home. We will make arrangements with people and leave their hamper on their doorstep. If you would like to give a donation to the Christmas Cheer Board you can do so at the town office. Due to Covid-19 we would ask you to please consider only cash donations this year. Thank you very much and please keep safe everyone!

Susan Allen-764-2898, Dienna McConnell-764-2608 or Airdrie Knight-764-2802




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Church News



A Moment for Families with Pastor Orland
God has a plan for you and your family to walk

in freedom from stress, anxiety, and despair. These uninvited dark spirits during this pandemic can be emotionally debilitating. Our spiritual health and our mental health are important to God and He cares for every detail of our lives. It is easy to trust God and believe He is in control when things are going well. There is a way to freedom and peace when things seem hopeless. The Lord Jesus Christ will meet us during our trouble, and we can experience freedom. In John 8:32, Jesus says, "You will know the truth, and the truth will set you free." The truth is not just facts or information that we find on our social media posts or news feed. The only truth that sets you free is the truth of God's Word. You are going to get down when you watch or listen to the news. Being down and depressed is not the normal God wants you to live in. He really, really does not. When you fill your mind with the truth of God's Word, you will have more hope and a better perspective on life- even when you are in a crisis and things seem hopeless. Psalm 119:97 says, "How I love your law! I think about it all day long". Thinking about God's Word does not come naturally to anyone, but you can start today.

Here are a few ways to begin a pattern in life that brings freedom and peace. Start each morning by reading the Bible for about 10 minutes. You can write down a verse that stands out to you in a journal. Throughout the day, think about this verse and even try memorizing it. The Holy Spirit will help you recall what you have read when you need it in difficult times or when you feel overwhelmed. Problems and troubles are temporary. As you let your mind dwell on God's truth, you will experience His comforting presence. Remember to remain in God's love. When you trust in the Lord Jesus Christ, you will never ever be disappointed. The Lord will not abandon you. Put your mind on God and the promises of His Word. He will show up every time! Why not share a promise from God's Word with your spouse and children as they get ready for the day? Like packing a lunch for school, give them a promise from God's Word on a sticky note and that promise will sustain them through the day!

Till next month, stay safe! Pastor Orland During the province of Manitoba's Level Red/Critical restriction the building will be closed, but the "church" will remain open. Sunday Morning Adult Sunday School - 10:00am online using zoom. Please contact us at hamiota.cornerstone@gmail.com for

an invite. Sunday Morning Service - 11:15 am live streaming on Cornerstone Family Worship Centre's Facebook page. Wednesday Evening Prayer Meeting - 7:30pm online using zoom. Contact us at hamiota.cornerstone@gmail.com for invite. The Hamiota Community Food Bank at Cornerstone Family Worship Centre is still in operation during the Covid-19 crisis. If you are in need or someone you know is in need, just email rev.orlandusick@gmail.com or text Pastor Orland at (204)764-0979 and a hamper will be delivered to your address. Prayer- If you are in need of prayer or pastoral counselling please contact Pastor Orland by email rev.orlandusick@gmail.com or text Pastor Orland at (204)764-0979. Connect with a Nightly Devotional-Need a little devotional before you turn in for the night? Catch Pastor Orland's evening devotionals on Cornerstone Family Worship Centre's Face Book Page and his page. Worship through Giving and Offerings! Thank you for your continued generosity. The bible says that God loves a cheerful giver! You can give online through e-transfer or pay pal, or you can send your offering in through the mail. Our website has instructions. <https://cornerstonehamiota.wixsite.com/cornerstonefamily>

Hamiota United Church November 1st saw us gather for worship after a 7 month leave. It felt good to be back together again. Unfortunately we are now in Code Red, therefore the board has cancelled services until we return to Code Yellow. Advent is fast approaching. Sunday, November 29th is the beginning of a new year in the life of the church. With Covid how we celebrate will be different. We will miss the singing of the special songs in a group setting but we still can sing or hum them in our private homes. Lighting of the advent candles and other traditions can be modified. Let us celebrate Hope, Peace, Joy, and Love. The following is a quote from the "Gathering" (a worship resource magazine) by Susan Ivany, Westminster UC, Thunder Bay, ON. "Jesus was born into a world that, on an elemental level, was much like our own. He felt the earth beneath his feet and the sun on his face, experienced the wind on the water and the rain falling to nourish the soil. The lakes, seas, sun, wind, moon, and stars were all part of his life. He looked up and saw the glory of the night sky just as we do. He gave thanks for trees and growing things, just as we do. In this season of gifts and giving, we recognize the deep blessing of the world around us. With gratitude, we anticipate the birth of Jesus- the one who came to show us the way of hope, peace, joy, and love."



Rosalie A. Beamish



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Hamiota Oakview Seniors

October has come and gone and with the time change we are heading into the dark days of winter. Let's hope for lots of sunshine this winter.

Hopefully everyone was able to get an appointment for their flu shots. If not, contact 1-877-646-3888 to arrange a time and date. This year it is by appointment only. Please remember to wear a mask and take your Manitoba Health Card.

"Don't let aging get you down, it's too hard to get back up!"

All kidding aside, November is Fall Prevention Month, which means it's the perfect time to 'fall' proof your home. Did you know that most falls happen at home where you spend most of your time? We tend to think of our homes as sanctuaries, not somewhere associated with a risk to personal safety. Most people wake up in the morning, get out of bed and start their day without even thinking about falling. And as you navigate around furniture, reach for a coffee mug in the cupboard or head downstairs to the laundry room, you probably aren't worried about losing your balance. But given the fact that one in three older adults aged 65+ will fall this year alone, it's time to shine a light on your where you live and learn how to spot the risks! Falls are the leading cause of injury hospitalization in Manitoba, accounting for \$265 million in healthcare spending. A 2017 Government of Manitoba Report on falls also found that of those hospitalized, nearly 31 percent are later transferred to personal care homes. As we get older, age-related changes can affect our vision, balance and muscle strength, which can increase your risk of falling. However, falls don't have to be a normal part of aging and making your home a safe place to live is a great place to start.

Fall proofing your home really begins with one easy step – take a minute to simply look around. What do you see? Are walkways free of clutter? Loose area rugs, floor mats, electrical cords, telephone cables, pet toys, and even shoes can pose a tripping hazard, increasing your risk of a serious fall. Pieces of furniture placed too close together can also impede your ability to get around, especially if you are using a mobility aid like a walker or cane. Make sure furniture is arranged so there's enough room to easily walk around your home. If needed, you can always enlist a friend or family member to help re-arrange heavy objects. Carpet should also be firmly affixed to the floor as a curled or folded edge can also pose a tripping hazard.

The Bedroom:

- Do you have a lamp next to your bed? If you need to get up and use the washroom at night, it's important to have easy access to a light. A darkened room makes it harder to maneuver around furniture and can increase your risk of a serious fall. Do you use a mobility aide? If you have a walker, keep it within reach of the bed and make sure the break is on! Some people may experience dizziness when they stand up after lying down, so it's important to position the walker close to the bed.

The Kitchen:

- Are frequently used items stored where they can be accessed with ease? Reaching on your tiptoes to the top shelf in the cupboard may cause you to lose your balance. Are you wearing shoes with non-slip soles when cooking dinner or doing the dishes? Most kitchen floors are either tiled or have

linoleum, which can be hazardous if you're wearing slippers with no rubber backing. According to a *Chicago Tribune* article entitled "Wear shoes in the house to avoid falls", lounging around the house in slippers or socks is a risky proposition for seniors. The article cites a study from the Institute for Aging Research, which found that, "those who wore slippers, wore socks only, or went barefoot on a regular basis at home were far more likely to fall than people who kept their shoes on." So keep those shoes on!

The Bathroom

- An article on fall prevention in the "New Old Age" blog from the *New York Times* suggests that the bathroom may be the most dangerous room in your house. With slippery, hard surfaces and all that chrome, tile and porcelain, a fall in the bathroom can have serious consequences, "Bathroom falls are major bone-breakers, particularly for older women with osteoporosis."
- To make the bathroom safer, the article recommends installing grab bars beside the toilet and a raised toilet seat to make it easier to get on and off the toilet. Other safety options include a handheld shower head and a bench seat, "For those who only have a tub shower, an inexpensive transfer bench will fit across the tub's side so the user can sit and then slide over the edge instead of climbing over." Any loose bathmats should be removed in favour of a non-slip mat.

If you're concerned about a serious fall, you may also want to subscribe to a medical alert service like Victoria Lifeline. All their buttons are 100 percent waterproof and meant to be worn in a bath or shower. The service provides around the clock access to help and can add some much-needed peace of mind to your day to day living. Victoria Lifeline is offering **ONE MONTH FREE** on their HomeSafe with AutoAlert service for the entire month of November and December.

Finally, if you're worried about your risk of falling, please talk to your doctor or a healthcare professional about other proactive things you can do to reduce your risk.

If you need any information, please contact the office: Karen Johnson – Seniors Resource Coordinator—Phone #: 204-764-2658
E-mail : hamiotaseniorsinc@gmail.com

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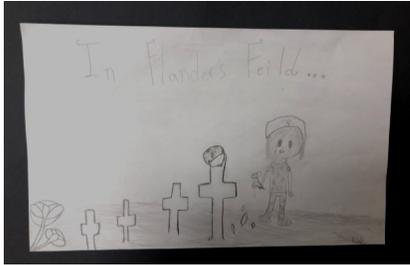
If you are interested in taking this program please get your name on the waitlist to be notified of upcoming programs!

For more info email rcullen@pmh-mb.ca or
Call **1-204-523-3246**

You will need Computer and Internet access to join our Zoom programs.




Grade 6 Remembrance Day Art



Hamiota Collegiate

And it's November already! As usual with the school time seems to fly by. Our Covid procedures are now second nature. Students do not even think twice about sanitizing, entering only at specific doors or walking on the right side of the hallway. The grade 10 and 11 students are still coming half-time, alternating between in-school learning and remote learning. Everyone else is here full time. Even with our Area's current designation of Code Red our school routine will remain the same, but as with everything now a days that could change.

We thank our families for their discipline in regards to self-monitoring and keeping their children home when ill. If you have any questions please contact the school or check our school or division websites. The Student Council planned a Spirit Week for our school and everyone had fun dressing up for the various days. They are looking at more ways to safely incorporate some extra fun into our year following current guidelines.

We marked Remembrance Day a little differently this year. We all stayed in our classrooms as Mr. Salmi and Tess McTavish led us in the ceremony over the intercom. Each class then watched videos after the ceremony. Mrs. Brown and the grade 12 English class laid a wreath at the cenotaph to honour our veterans.



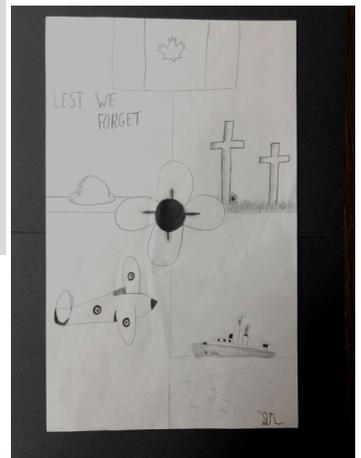
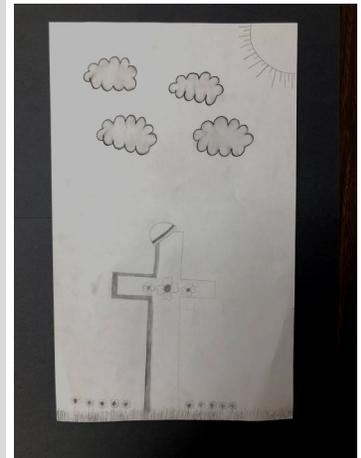
Mrs. Brown and the Grade 12 English class marking Remembrance Day.

We were saddened to hear of the passing of Jack Houston, the kids saw Jack as "their veteran" and we will always remember his contribution to our school ceremonies.

The Youth in Philanthropy Committee is up and running look for grant applications in the near future. Parent Teacher interviews are next up on the calendar and Christmas is on the horizon.

The student council are turning our aquarium into a terrarium. If you have any succulents you would like to donate please contact the school.

Always check our Hamiota Collegiate website and look for us on social media platforms.



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Classis Country Hair Salon ~ Closed until public health orders lift.

Campbell Flowers ~ While Campbell Flowers and Gifts has to close to walk in shopping with regards to the Code Red we will be available for curbside pickup and local delivery. Watch our Facebook page for further updates and gift shopping. We are also going to try and get our giftware on our website www.campbellflowers.ca. We now have new giftware arriving weekly.

With the holiday season just around the corner and the status of our 50th Anniversary Open House in limbo we are asking for our community's understanding and support as we ride out this storm. Please shop local if you can.

J & D Restaurant ~ Gift Certificates available and take out only. 204-764-2955

Hamiota Hotel ~ Take Out—204-764-2426, Vendor

Countryside Studio and Gym—The Gym and Studio are closed but you can join classes online. Gift certificates are available and yoga props for sale. For more information email countrysidesg@gmail.com

Hamiota Co-op~ Store hours: Monday—Saturday 8 a.m.—6 p.m. Sunday 12 p.m.—5:00 p.m. Limit of 14 people. Must have a shopping cart and PROPERLY wearing a mask or face covering.

Andrew Agencies~ Hamiota is OPEN Monday to Friday 9 am – 5 pm closed from 12-1 Code Red means that we are doing business by phone preferably, but if the client must meet in person customers MUST call ahead for an appointment. 204-764-2696.

TJ's Convenience Store~ Code Red—Monday—Friday 6 a.m.—8 p.m., Saturday—8 a.m.—8 p.m. Sunday—9 a.m.—8 p.m.

Fusion Credit Union is limiting traffic by only allowing 1 inside the branch at a time and 1 in the ATM area during Code Red.

Hamiota Thrift Shop~ Closed due to Code Red in the fight against COVID and no donations are being accepted at this time.

Hamiota Municipal Office~ The office is closed but staffed. Please contact by phone or email and use the drop box outside. Stay safe and stay home as much as possible. 204-764-3050 or info@hamiota.com

Hamiota Super Thrifty ~ Monday—Friday 9 a.m.—5:30 p.m. 204-764-2140

Country Crocus Bakeshop ~ Monday- Friday 9 a.m.—5 p.m. and Saturday 9 a.m.—1 p.m. 204-764-2147

Fusion—Making a Difference



BR—Danton Hintz FR- Pyper Rapley, Chloe Facey, Kennedy Lawn, Teagan Knight, Avery McGonigal, & Myra Ramsey

Fusion Credit Union donated \$1,000.00 to Hamiota Minor Hockey and \$500.00 to the Hamiota Senior Council both as part of the Fusion Full Circle Fund.



Pictured: Doreen Knight, Hamiota Senior Council and Brooke Schellenberg, Fusion Credit Union

Recreation

Cross country skiing is one of the healthiest outdoor recreational activities. Hamiota has both classic and freestyle trails that are maintained by volunteers in the community. Less than an hour's drive away in Riding Mountain National Park are some of the finest trails in Western Canada to ski on. On Tuesday Nov. 24, at 7:00 pm there will be a virtual organizational meeting for anyone interested in forming a Cross Country Ski Club in Hamiota. The goal of the club is to increase everyone's enjoyment of skiing whether they are classic or freestyle skiers. The great thing about x-country skiing is that because it is an outdoor activity, even in a group setting, people can still easily maintain proper and safe physical distancing. Please email davejuce@gmail.com if you are interested either attending the meeting or getting more information.



CHRISTMAS SALE - 50% OFF on the first 20 shirts sold!
\$10.00 a shirt! Sale runs Nov. 18th—Dec. 18th 2020

Contact Nancy hedc@hamiota.com or
phone/text— 204-764-0240

T-shirt's come in Youth, Women's and Men's sizes.

HAMIOTA CHRISTMAS SHOPPING CAN BE DONE RIGHT HERE!

SHOP HAMIOTA THIS CHRISTMAS



Hamiota Chamber of Commerce DECEMBER PRIZE CALENDAR



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Campbell Flowers Poinsettia	2 HEDC Hamiota T-Shirt & Bag	3 T.J.'s Convenience Store \$25 Shell Card	4 \$75 Chamber Bucks Draw	5 Highway 21 Truck and Trailer Ltd. Wrench Set
6 Hamiota Super Thrifty Bamboo Pillow	7 Hamiota Feedlot Seated Cooler	8 T.J.'s Auto Free oil change for car or light truck	9 Alliance Accounting Group Gift Package	10 RBC Gift Package	11 \$75 Chamber Bucks Draw	12 
13 County Crocus Bakeshop Christmas Baking package	14 Rawlings Home Hardware Christmas Décor Package	15 Hamiota Healing Wellness Centre Gift Package	16 Hamiota Co-op \$50.00 Gift Card	17 Andrew Agencies Visa Gift Card	18 \$100 Chamber Bucks Draw	19 
20 Mid-West Arts Council \$25 Certificate to the Gallery	21 Hi-Way Collision Gift Package	22 Hamiota Municipality Gift Package	23 Fusion Credit Union Gift package	24 CHRISTMAS EVE	25 CHRISTMAS DAY	26 BOXING DAY
27 	28 	29 	30 	31 		

Hamiota Chamber of Commerce—Shop Hamiota This Christmas Promotion

Enter your name with every visit to a participating member during the month of December.

Daily draws will be made on the Friday of each week.

This Holiday Season looks different in Hamiota with few or no events planned while we are doing our best to stay safe through the pandemic.

We could make a big long list of things that we can't do... but we also can make a big long list of things that we can do!

- ◊ Drive or take a walk around town and enjoy the beautiful Christmas Lights.
 - ◊ Enjoy your cozy home, watch your favorite movies, listen to your best-loved music or nestle in and read a good book.
 - ◊ Play games or work on puzzles with those within your bubble.
 - ◊ Start some new traditions.
 - ◊ Bake some Christmas dainties.

◊ Investigate what your ancestors did during the holidays & bring back some old traditions!

◊ We have trails- snowshoe trails, cross country ski trails, ski-doo trails!

◊ Have a healthy and happy holiday season.

